

St. Mary's University

BS in Exercise and Sport Science with Pre-Physical Therapy Track– 120 Hours

The maximum credit transferable from a junior college, or any combination of junior colleges, is 66 semester hours.

St. Mary's Core (46 hours)

Requirements	Texas Common Course Equivalency	Hours Required
— First Year Experience	Not required for transfer students accepted with 30 or more credit hours. However, a student may need to take three (3) additional hours of elective credits in order to meet the required hours for this degree.	3
— Freshmen Composition I	ENGL 1301	3
— Literature	ENGL 1302 or any ENGL 23XX Literature course	3
— History	Any HIST 13XX or 23xx course	3
— Social Science	PSYC 1301 and PSYC 2314	6
— Mathematics	MATH 1342 or MATH 1432	3
— Natural or Physical Sciences	BIOL 1406	3
— Fine Arts	Any 3-credit hour Fine Arts course from the following: ARTS, MUSI, DRAM	3
— Foreign Language	Two courses (1411 and 1412) in a language not previously studied or two courses (2311 and 2312) in a language previously studied	6
— Philosophy – Self	PHIL 1301	3
— Philosophy – Ethics	PHIL 2306	3
— Theology	Theology courses from other universities may be transferable with the approval of the Theology Department	3
— Intermediate Theology	Theology courses from other universities may be transferable with the approval of the Theology Department	3

	Texas Common Course Equivalency	Hours Required
EXSS Major Courses (49 CHRs)		
— EX 1302 – Foundations of EXSS	KINE 1301	3
— EX 1312 – Lifelong Health and Wellness	KINE 1304	3
— EX 2310 – Motor Learning	No equivalent	3
— BL 1411 – Human Anatomy & Phys I	BIOL 2401 or BIOL 2301 and BIOL 2101	4
— BL 1412 – Human Anatomy & Phys II	BIOL 2402 or BIOL 2302 and BIOL 2102	4
— EX 3304 – Biomechanics of Human Movement	No equivalent	3
— EX 3310 – Field Experience	No equivalent	3
— EX 3401 – Exercise Psychology	No equivalent	3
— EX 4308 – Research Seminar	No equivalent	3
— EX 4611 – Internship	No equivalent	6
— Level 1 Elective Courses	No equivalent	9

Level 2 Elective Course	No equivalent	4
Electives (25 CHRs)		25

An elective can be any course taken from any discipline. Students can use these hours to pursue certificates, minors, or second majors. Recommended: BIOL 147, CHEM 1411 (or CHEM 1311 and CHEM 1111), CHEM 1412 (or CHEM 1312 and CHEM 1112), PHYS 1401 (or PHYS 1301 and PHYS 1101) and PHYS 1402 (or PHYS 1302 and PHYS 1102).

Total Semester Hours - 120

Updated 11/19/2025