

St. Mary's University
BA in Exercise and Sport Science Degree Plan – 120 Hours

The maximum credit transferable from a junior college, or any combination of junior colleges, is 66 semester hours.

St. Mary's Core (45 hours)

Requirements	Texas Common Course Equivalency	Hours Required
___ First Year Experience	Not required for transfer students accepted with 30 or more college hours however a student may need to take three (3) additional hours of elective credits in order to meet the required hours for this degree.	3
___ Freshmen Composition I	ENGL 1301	3
___ Literature	ENGL 1302 or any ENGL 23XX Literature course	3
___ History	Any HIST 13XX or 23xx course	3
___ Social Science	Any two of the following courses: BA 1307, CRIJ 1301, ECON 2301, ECON 2302, GOVT 1306, GOVT 1305, GOVT 2304, GOVT 2305, GOVT 2306, PSYC 2301, PSYC 2306, PSYC 2316, SOCI 1301, SPCH 1306, SPCH 1311, SPCH 1321 or SPCH 2335	6
___ Mathematics	Any one of the following courses: MATH 1311, MATH 1316, MATH 1314, MATH 1324, MATH 1325, MATH 1342, MATH 1442, MATH 2412, MATH 2413	3
___ Natural or Physical Sciences	Any science course from the following: ASTR, BIOL, CHEM, GEOL, PHYS	3
___ Fine Arts	Any Fine Arts course from the following: ART, MUSI, DRAM	3
___ Foreign Language and International Engagement	Two courses of foreign language (intermediate): XX 2311 and XX 2312 or Two courses of foreign language (elementary): XX1311 and XX 1312	6
___ Philosophy – Self	PHIL 1301	3
___ Philosophy – Ethics	PHIL 2306	3
___ Theology	Theology courses from other universities may be transferable with the approval of the Theology Department	3
___ Intermediate Theology	Theology courses from other universities may be transferable with the approval of the Theology Department	3

Exercise and Sport Science Major Courses (30 hours)

Requirements	Texas Common Course Equivalency	Hours Required
___ EX 1302 Foundations of Exercise and Sport Science	KINE 1301	3
___ EX 1304 Spring Sports & Activities	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 2302 Fall Sports & Activities	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 3302 Prevention & care of Activity-Related Injuries	PE 1303	3
___ EX 3304 Biomechanics of Human Movement	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 3306 Current Issues in Exercise & Sport Science	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 3308 Statistics for Exercise Science	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 3376 Human Anatomy and Physiology of Exercise	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 4301 Wellness	No equivalency. Consult with department chair to evaluate specific courses.	3
___ EX 4304 Advanced Principles of Exercise and Sport Science	No equivalency. Consult with department chair to evaluate specific courses.	3

Electives**45**

An elective can be any course taken from any discipline. Other courses from Sociology, Criminal Justice, Political Science, and Economics are recommended. Students can use these hours to pursue certificates, minors, or second majors.

Please note: Any other PE or PHED course not listed above may transfer to fulfill major course requirements or as elective hours. Students should consult with department chair, Kelvin Wu, Ph.D. at cwu2@stmarytx.edu

Total Semester hours for this degree**120**

For questions regarding other transfer courses not listed, contact the Office of the Registrar at registrar@stmarytx.edu.