

ST. MARY'S UNIVERSITY AA&CC OPERATING GUIDELINES – FALL 2020

(Updated August 1, 2020)

To promote the health and safety of faculty/staff/students participating in intramural activities and using the Fitness Center, the St. Mary's University Alumni Athletics & Convocation Center and Department of Campus Recreation has developed the following requirements for the reopening of the AA&CC and resumption of recreational activities within the facility.

These guidelines were made to take into account University guidelines that have been put in place to restrict in-person meetings, events and gatherings in an effort to limit the spread of COVID-19 in the St. Mary's and Bexar County community, and to help hospitals and clinics manage the increase in demand for care. The Department of AA&CC and Campus Recreation recognizes that the protocols being put in place transcend the health and safety of the StMU community, as we also seek to promote the health and safety of the general StMU student body, the entire StMU community, and the city of San Antonio.

Because of the rapid developments in best practices related to COVID-19, this plan is considered **fluid** but addresses the protocols that are expected to be in place while faculty, staff, and students pursue the return to utilizing the AA&CC. The plan has been developed to meet, and in some areas exceed, all federal, state and local guidance relating to COVID-19.

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AA&CC Usage Guidelines

- The AA&CC is scheduled to reopen for all faculty, staff and students starting August 3. The building will operate under reduced hours from August 3-7 (8 a.m. to 5 p.m. daily), and remain open from noon to 6 p.m. on August 8 and 9.
- Starting Monday, August 10, the AA&CC will begin its regular operating hours for the semester, effective for reduced-occupancy activities in the Fitness Center, Walking Track, Movement Studio, Auxiliary Basketball Courts and Bill Greehey Arena:

Monday-Friday: 8 a.m. to 8 p.m.

Saturday-Sunday: 12 p.m. to 6 p.m.

- Patrons **MUST** show valid St. Mary's ID and undergo a temperature check performed by a member of our professional staff upon entering the AA&CC. Guests will be required to [reserve an online appointment](#) for all activities inside the building, and check-in at the front desk prior to entering.
- All patrons will enter the building through the one-way entrance on the second floor at the Member Services Desk, and will leave using the one-way exit at the Member Services Desk.
- The Natatorium will be accessible **ONLY** Monday-Friday from 12 p.m. to 1 p.m. for water exercise for faculty, staff and students.
- Fitness Center, Walking Track, Movement Studio, Auxiliary Gym Basketball Court and Bill Greehey Arena appointment times will be for 45 minutes, which must be reserved online prior to the appointment time. All areas will be supervised by professional staff during all activities.
- The Athletic Training Room will treat student-athletes for one-on-one sessions. Therapy will be available from 9 a.m. to 2 p.m. during weekdays, and will be reservable online.
- The Fitness Center will close from 2 to 3 p.m. daily to complete thorough cleaning and sanitizing of all equipment and surfaces, with an additional cleaning prior to opening each morning.
- The fitness equipment will be broken into zones with no sharing of machines at any one time. Every person **MUST** wipe down machines both before and after use with available wipes.
- The use of locker rooms, showers, and daily use lockers will be prohibited. In preparation for their workout, guests must be dressed in fitness attire prior to entering the AA&CC.
- The Racquetball Court and Climbing Wall will be **CLOSED** for the fall semester.
- The Auxiliary Gym courts will be limited to one (1) person per basket. A total of four (4) baskets will be available. In addition, the Bill Greehey Arena baskets will be available for varsity basketball student-athletes by reservation **ONLY**.
- Water bottle refill stations will be available but water fountains will **NOT** be available. Every person will be responsible to provide their own water bottle.
- Every person **MUST** wear a face mask and practice social distancing during all activities.

AA&CC OCCUPANCY LIMITS	
Athletic Training Room	6
Auxiliary Basketball Courts	4 (1 person per basket)
Bill Greehey Arena Courts	2-6 (depending upon number of available baskets; 1 person per basket)
Fitness Center	10 (2 bikes, 2 ellipticals, 2 treadmills, 4 weights)
Movement Studio	10
Natatorium	6
Walking Track	3

If you have an immediate need, please contact Susie Chavarria, Associate Director for the AA&CC, schavarria@stmarytx.edu, 210.431.5089, for assistance.

AA&CC/ Campus Recreation Department Staff Guidelines

- Always stay home if you believe you are experiencing any COVID-19-like symptoms.
- Staff must comply with all St. Mary's University policy regarding daily self-checks and self-reporting of symptoms or possible exposure, as outlined on the St. Mary's University website:
 - [The St. Mary's University online self-report form](#)
 - [The St. Mary's University daily health check](#)
- Staff and patrons must maintain 6-foot social distancing standards inside and outside buildings whenever possible.
- As outlined in the St. Mary's University policy, staff are required to wear a face mask or covering on campus. This is required for all instances when walking through common areas on campus or within the office, and whenever one is within six (6) feet of another individual without any form of barrier (such as cubicle divider or office wall).
- Whenever faculty, staff, students or guests are within the office area, face coverings are required at all times.
- Staff are expected to limit the sharing and exchange of electronic devices, pens, books, etc.
- All staff are responsible for disinfecting their desk before and after use.
- Number of people in personal office space must be limited to three (3).
- Meetings in the AA&CC Conference Room will be limited to six (6).
- CDC guidelines must be followed at all times, including:
 - Maintain social distance
 - Face mask or covering must be worn unless alone in your private office
 - Practice personal hygiene by washing hands frequently
 - Disinfect surfaces frequently before and after use, including desks, phones, chairs, etc.)

AA&CC / Campus Recreation Procedures

To promote the health and safety of our faculty, staff and students, the Alumni Athletics & Convocation Center and Department of Campus Recreation will implement the following protocols for a return of recreational usage of the AA&CC. Before usage can begin, all gating criteria listed within the University's guidelines regarding campus meetings, gatherings and events must be met, and local guidance set forth by Bexar County and City of San Antonio officials must also be adhered to at all times:

- All patrons attempting to enter the AA&CC are expected to have completed the University's online [daily health check](#) before entering the facility.
- Temperature checks will be taken by a professional staff member of all patrons attempting to enter the AA&CC.
- Social distancing practices should continue inside the AA&CC. Recreational activities involving two or more people will be prohibited through at least September 8, in adherence to University guidelines.
- Patrons will be required to register online prior to using an area or participating in an activity, including but not limited to, usage of the Fitness Center, Walking Track and Auxiliary Gym basketball courts. [Registration link](#).
- In the event a patron or staff member becomes symptomatic with any COVID-19-like symptoms while inside the AA&CC, the individual should immediately begin self-isolation and report their symptoms to University officials through the [online self-report form](#). In addition, the individual should report their symptoms to the professional staff member on site or to Susie Chavarria, Associate Director for the AA&CC and Campus Recreation, who will advise the patron on the University's protocol and next steps.

Campus Recreation Activities Protocol

In conjunction with the University's decision to cancel and postpone fall NCAA Athletics events to the spring, campus recreational activities will be limited due to enhanced health and safety practices necessary to support certain athletic activities. Beginning August 3, University faculty, staff and students will be allowed to participate in these limited activities in the AA&CC in adherence to the following guidelines. These guidelines will be in force through at least September 8, or until such time that numerous local metrics related to COVID-19 are met and maintained to the University's satisfaction:

Member Services Desk

- Supervised by two (2) trained members, including at least one trained professional staff member, from 8 a.m. to 8 p.m. Monday through Friday, and 12 p.m. to 6 p.m. on Saturday and Sunday
- Daily temperature check will be taken and logged by professional staff member for all patrons upon entry into the AA&CC; supervisor will also verify patron's status as active StMU student, faculty or staff
- All patrons will confirm reservation by checking in with front-desk supervisor upon entry to the AA&CC. Supervisor will also ensure patrons are wearing a face covering and sanitize their hands upon entry
- Upon clearing checkpoint, patron will be given wristband to wear for duration of appointment
- Reservations will be limited to 45 minutes per session

Walking Track

- Supervised by trained professional staff member from 8 a.m. to 8 p.m. from Monday through Friday, and 12 p.m. to 6 p.m. on Saturday and Sunday
- Available by reservation only. Capacity is limited to three (3) participants at a given time
- Supervisor will ensure social distancing of at least six (6) feet is being maintained at all times while patrons are using the track
- Face mask usage will be enforced by supervisor in and out of Walking Track and between activity
- No spectators will be allowed
- Supervisor will sanitize handrails, doorknobs and other high-contact surface areas between uses
- Reservations will be limited to 45 minutes per session

Fitness Center

- Supervised by trained professional staff member from 8 a.m. to 8 p.m. from Monday through Friday, and 12 p.m. to 6 p.m. on Saturday and Sunday

- Available by reservation only
- Supervisor will check-in patrons at start of their reservation, ensuring face mask is worn and proper social distance is being maintained throughout their workout; Fitness Center capacity limited to 10
- Reservations will be limited to 45 minutes per session
- The Fitness Center will close daily from 2 to 3 p.m. for thorough cleaning and sanitizing of all equipment and surfaces, to be overseen by area supervisor
- In order to comply with the social distancing order, the fitness equipment will be broken into zones with no sharing of machines at any one time. Supervisor will ensure each patron wipes down machines both before and after use with available wipes
- Face mask usage will be enforced by supervisor in and out of Fitness Center and between activity
- No spectators will be allowed

Auxiliary Gym Basketball Courts

- Supervised by trained professional staff member from 8 a.m. to 8 p.m. from Monday through Friday, and 12 p.m. to 6 p.m. on Saturday and Sunday
- Available by reservation only
- Supervisor will ensure each of four (4) available baskets is limited to single-person use, and that proper social distancing measures are maintained at all times
- Face mask usage will be enforced by supervisor in and out of Fitness Center and between activity
- In the event that a basketball ricochets into another guest's court area, supervisor will be responsible for tracking down ball, sanitizing the ball and returning it to the original patron
- Supervisor will sanitize basketballs between reservations
- No spectators will be allowed
- Reservations will be limited to 45 minutes per session

Movement Studio

- Supervised by trained professional staff member from 8 a.m. to 8 p.m. from Monday through Friday, and 12 p.m. to 6 p.m. on Saturday and Sunday
- Occupancy will be limited to 10
- Available by reservation only

- Supervisor will sanitize handrails between reservations
- No spectators will be allowed
- Reservations will be limited to 45 minutes per session

Natatorium

- Supervised by trained professional staff member and available for faculty, staff and students from 12-1 p.m. during weekdays
- Available by reservation only. Reservations will be limited to 45 minutes per session
- Supervisor will sanitize handrails between reservations
- Pool occupancy will be limited to six (6)
- No spectators will be allowed

Bill Greehey Arena Basketball Courts

- Available for varsity basketball student-athletes by reservation only and will be supervised by team's head and/or assistant coaches
- Face mask usage will be enforced by supervisor in and out of Bill Greehey Arena and between activity
- In the event that a basketball ricochets into another guest's court area, trained supervisor will be responsible for tracking down ball, sanitizing the ball and returning it to the original patron
- Supervisor will sanitize basketballs between reservations
- Reservations will be limited to 45 minutes per session
- No spectators will be allowed

Esports Arena

- Supervised by trained professional staff member from a TBD time frame.
- Available by reservation only and for varsity team practices/tournaments
- Daily temperature check will be taken by professional staff member for all patrons upon entry into the Esports Arena
- All patrons will confirm reservation by checking in with supervisor upon entry to the Esports Arena. Supervisor will also ensure patrons are wearing a face mask for the duration of their stay and sanitize their hands upon entry to arena

- Upon clearing checkpoint, patron will be given wristband to wear for duration of appointment
- Supervisor will enforce room capacity (10) and ensure proper social distancing measures of at least six (6) feet are maintained by all patrons
- Patrons will be enforced by supervisor to again sanitize their hands upon leaving the Esports Arena
- Gamers will not be allowed to change stations (computers) during their time in the arena
- Supervisor will enforce that headsets not be shared and that all patrons bring their own headsets for use
- Surfaces such as keyboards, mice, door handles, desktops and other high-contact areas will be sanitized by supervisor between each use
- No spectators will be allowed
- Reservations will be limited to 45 minutes per session

Staffing

Member Services Desk (2):

- Monday-Friday: 8 a.m. to 8 p.m.
- Saturday-Sunday: 12 p.m. to 6 p.m.

Walking Track:

- Monday-Friday: 8 a.m. to 8 p.m.
- Saturday-Sunday: 12 p.m. to 6 p.m.

Fitness Center:

- Monday-Friday: 8 a.m. to 8 p.m.
- Saturday-Sunday: 12 p.m. to 6 p.m.

Auxiliary Gym Basketball Courts:

- Monday-Friday: 8 a.m. to 8 p.m.
- Saturday-Sunday: 12 p.m. to 6 p.m.

Bill Greehey Arena:

- Monday-Friday: By reservation only
- Saturday-Sunday: By reservation only

Esports Arena:

- Monday-Friday: TBD
- Saturday-Sunday: TBD

Available Professional Staff

Elizabeth Boyd, Assistant Women's Basketball Coach
Brittany Davis, Head Athletic Trainer
Chris Ermis, Associate Head Baseball Coach
Ryan Femath, Assistant Baseball Coach
Blake Hatt, Graduate Assistant Athletic Trainer
Bridget Hill, Graduate Assistant Athletic Trainer
Chelsea Horan, Assistant Men's and Women's Tennis Coach
Adam Leal, Bus Driver
Bubba Meyer, Associate Head Men's Basketball Coach
Matthew Orta, Operations Assistant, AA&CC
Nina Owens, Administrative Assistant, AA&CC/Campus Recreation
Samantha Pearson, Assistant Athletic Trainer
CJ Richardson, Sports Performance Coach and Fitness Center Coordinator
John Rodriguez, Aquatics Coordinator

Hailey Post, Assistant Softball Coach
Carlos Salgado, Intramurals Coordinator
Jeremiah Sanchez, Marketing/Digital Media Graduate Assistant
Justin Snyder, Assistant Volleyball Coach

These professional staff will assist in the Fitness Center, Walking Track, Natatorium, Athletic Training Room, Auxiliary Gym Basketball Courts, Bill Greehey Arena and Esports Arena to ensure patrons adhere to University, CDC and local guidance. As we later phase into Athletics team conditioning, each coach or professional staff member will continue to wear a mask and/or face shield in small group settings.

Three Phases for Intramurals Activities

Phase One:

As COVID-19 continues to evolve, the AA&CC has implemented guidelines in order to comply with public health and University guidance. These guidelines will be altered as necessary to help mitigate the spread of the virus on campus and in the greater community.

For Phase One, Temporary Suspension of In-Person, On-Campus Activities: In-person, on-campus events, meetings and social activities are suspended until at least Tuesday, September 8.

Faculty, staff, and students will participate from their residence hall, home, etc. Anyone interested can register on IM Leagues to participate in the Rattler Daily Challenges. Recording of daily results will be on the honor system, with results calculated to determine weekly winners. Announcements of winners will be posted on IM Leagues and prizes will be distributed after Phase Two begins.

All events and dates are subject to change based on health and safety conditions on campus and in the surrounding community.

1st Week - Monday-Friday, Aug. 3-7, 2020

Event: Open Rec - Basketball, Esports Virtual Gaming, Workouts and Walking

Location: Auxiliary Gym, Residence Hall/Home, Fitness Center, and Walking Track

Days of the Week: Monday-Friday

Description: Open recreation for faculty/staff/students for single-person use of the basketball courts, use of Fitness Center equipment, and ability to walk on the track.

Event Time: 8 a.m. to 8 p.m.

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, and Walking Track to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play.

2nd Week - Monday-Friday, Aug. 17-21, 2020

Event: 1st Rattler Daily Challenge; Open Rec - Basketball, Esports Virtual Gaming, Workouts and Walking

Location: Residence Hall/Home, Auxiliary Gym, Fitness Center and Walking Track

Days of the Week: Monday: Minute Push-up Challenge

Tuesday: Post a photo of your favorite quarantine movie or TV show / Trick Shot Ideas

Wednesday: Run or walk a mile challenge

Thursday: Post a photo or short video gaming (gamer challenge) / Trick Shot Ideas

Friday: Pokémon Go

Saturday-Sunday: Open Rec-Basketball, Esports Virtual Gaming, Workouts
Walking

Description: Various daily challenges that faculty/staff/students may participant for 1st, 2nd, and 3rd prize; Trick Shot videos would showcase highly difficult, single-person shots, such as in basketball.

Event Time: Virtual completed no later than midnight daily and 12 p.m. to 6 p.m. for open rec

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, and Walking Track to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

3rd Week - Monday-Friday, Aug. 24-28, 2020

Event: 2nd Rattler Daily Challenge; Open Rec - Basketball, Esports Virtual Gaming, Workouts and Walking

Location: Residence Hall/Home, Auxiliary Gym, Fitness Center and Walking Track

Days of the Week: Monday: Post favorite quarantine hobby / Trick Shot Ideas

Tuesday: Walk or bike a mile challenge / Esports Virtual Gaming

Wednesday: Minute Sit-up challenge / Trick Shot Ideas

Thursday: Who is going to win 2019-2020 NBA Championship? Post a photo or short of your prediction / Esports Virtual Gaming

Friday: Favorite quarantine home cooked meal / Trick Shot Ideas

Saturday-Sunday: Open Rec-Basketball, Esports Virtual Gaming, Workouts and walking

Description: Various daily challenges that faculty/staff/students may participant for 1st, 2nd, and 3rd prize

Event Time: Activities completed no later than midnight daily

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, and Walking Track to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

Phase Two:

For Phase Two, faculty, staff and students can resume in-person activities and/or workouts, pending such restrictions being lifted by the University. Intramurals will provide all equipment, and each piece of equipment will be cleaned and sanitized after each activity and at the end of the day. Anyone interested can register on IM Leagues to participate in the various activities.

4th Week - Tuesday-Friday, Sept. 1-4, 2020

Event: Open Rec - Basketball, Workouts and Walking; IM Activities - Esports Virtual Gaming, *Home Run Derby and 3-Point Shoot Around Basketball

Location: Auxiliary Gym, Fitness Center, and Walking Track and Intramurals Football/Softball Field

Description: 3-Point Basketball Shoot Around Basketball and Home Run Derby (Eight players participate in the derby in a bracket-style, single-elimination timed event. Each player has four minutes to hit as many home runs as possible. Hitters are awarded an additional 30 seconds if they hit two home runs over certain number of feet. Contestants are seated 10 feet apart for social distancing and will be required to each utilize their own bats.)

Event Time: 8 a.m. to 8 p.m., *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Friday: Home Run Derby

Number of Participants: 1 for Basketball

1 for 3-point Shoot Around Basketball

8 for Home Run Derby

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, and Intramurals Football/Softball Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

5th Week - Monday-Friday, Sept. 8-11, 2020

Event: Open Rec - Basketball, Workouts and Walking; IM Activities - Esports Virtual Gaming, *Home Run Derby and *Washer Board

Location: Open Rec - Auxiliary Court 1, Fitness, Center and Walking Track, Intramural Football/Softball Field and Intramural Soccer Field

Description: 1-person basketball (45 minutes), 3-Point Shoot Around Basketball, Home Run Derby and Washer Board (Each individual, or one member of each team, throws a **washer**. Whoever gets the highest points, or gets closest to a hole, chooses if they want go first or second. Players may stand either on, or next to the **board**. The foul line is at the front of each **board**.)

Event Time: 8 a.m. 8 p.m., *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Thursday: Home Run Derby

Number of Participants: 1 person per basket (4 baskets)

8 per activity for Home Run Derby

4 for Washer Board

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramurals Soccer Field, and Intramurals Football/Softball Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

6th Week - Monday-Friday, Sept. 14-18, 2020

Event: Open Rec - Basketball, Workouts and Walking; IM Activities - Esports Virtual Gaming, *Home Run Derby and *Washer Board

Location: Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field

Description: 3-Point Basketball Shoot Around, Home Run Derby and Washer Board

Event: 8 a.m. to 8 p.m.; *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Friday: Home Run Derby

Number of Participants: 1 person per basket (4 baskets)
 8 per activity for Home Run Derby
 4 for Washer Board

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track Intramurals Soccer Field and Intramurals Football/Softball Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

7th Week - Monday-Friday, Sept. 21-25, 2020

Event: Open Rec - Basketball, Workouts and Walking; IM Activities - Esports Virtual Gaming, Disc Golf and *Home Run Derby

Location: Auxiliary Gym, Fitness Center and Walking Track; Intramural Football/Softball Field and Intramural Soccer Field

Description: 1 person for basketball (45 minutes), Home Run Derby, and Disc Golf (Disc golf is similar to traditional golf but instead of using clubs and a ball, players throw flying discs in varying weights and molds. The object of disc golf is to get your disc into the goal in the fewest throws or "strokes" possible. Each hole starts at a tee pad and ends in a metal target or "basket" with chains to catch the disc.

Event Time: 8 a.m. to 8 p.m., *5 p.m to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Thursday: Home Run Derby

Number of Participants: 1 person per basket (4 baskets)
 8 per activity for Home Run Derby
 4 per activity for Disc Golf

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramural Soccer Field and Intramurals Football/Softball Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

8th Week - Monday-Friday, Sept. 28-Oct. 2, 2020

Event: Open Rec-Basketball, Workouts and Walking; IM Activities- Esports Virtual Gaming, Disc Golf, and *Home Run Derby

Location: Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field

Description: 1 person for basketball (45 minutes), Home Run Derby, and Disc Golf

Event Time: 8 a.m. to 8 p.m., *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Friday: Home Run Derby

Number of Participants: 1 person per basket (4 baskets)
8 per activity for Home Run Derby
4 per activity for Disc Golf

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

9th Week - Monday-Friday, Oct. 5-9, 2020

Event: Open Rec - Basketball, Workouts Walking; IM Activities - Esports Virtual Gaming and *Home Run Derby

Location: Auxiliary Court 1, Fitness Center, Walking Track and Intramural Football/Softball Field

Description: 1-on-1 basketball (45 minutes)
8 per activity for Home Run Derby

Event Time: 8 a.m. to 8 p.m., *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities
Thursday: Home Run Derby

Number of Participants: 1 person per basket (4 baskets)
8 per activity for Home Run Derby

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track and Intramural Football/Softball Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

Phase Three:

For Phase Three, faculty, staff, and students can resume in-person activities and/or workouts.

Intramurals will provide all equipment and each piece of equipment will be cleaned and sanitized after each activity and at the end of the day. Anyone interested can register on IM Leagues to participate in the various activities.

10th Week - Monday-Friday, Oct. 12-16, 2020

Event: Open Rec-Basketball, Ping Pong, Workouts, Walking; IM Activities - Esports Virtual Gaming, and 2- on-2 Volleyball, 1-on-1 Basketball and *Kanjam

Location: Auxiliary Court, Fitness Center, Walking Track, area side of Racquetball Courts and Intramural Soccer Field

Description: 2-on-2 volleyball (best of 3-out-of-5; 1 server and 1 player)

1-on-1 basketball (30-minute activity)

*Kanjam is a noncontact sport with a flying disc and two plastic goals. Distant of goals is 15 meters. Two teams of two players play against each other, the aim is to throw the disc from goal and hit the goal on opposite side. A player throws the disc to opposite goal, there is his partner who can deflect disc to the goal. A team must reach an exact score of 21 points to win.

Event Time: 8 a.m. to 8 p.m., *5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Tuesday: Basketball

Thursday: Volleyball

Friday: Kanjam

Number of Participants: 1 person per basket (4 baskets)

2 per activity for basketball

4 per activity for volleyball

2 per activity for kanjam

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramural Soccer Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

11th Week - Monday-Friday, Oct. 19-23, 2020

Event: Open Rec - Basketball, Workouts and Walking; IM Activities - *Esports Gaming, 3-on-3 Soccer, 3-Point Shoot Around Basketball and **Ultimate Frisbee

Location: Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field

Description: 3-on-3 Soccer (2 goalies and 1 player), 3-Point Basketball Shoot Around and Ultimate Frisbee (Played by two teams with a flying disc on a field with end zones, similar to football. The object of the game is to score by catching a pass in the opponent's end zone.)

Event Time: 8 a.m. to 8 p.m., *5 p.m. to 9 p.m., **5 p.m to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Tuesday: 3-on-3 Soccer

Thursday: Ultimate Frisbee

Number of Participants: 3 per activity for soccer

1 per activity for basketball

4 per activity for Ultimate Frisbee

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track Intramural Football/Softball Field and Intramural Soccer Field to make sure faculty, staff, and students

follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

12th Week - Monday-Friday, Oct. 26-30, 2020

Event: Open Rec - Basketball, Ping Pong, Workouts and Walking; IM Activities - Esports Virtual Gaming, 2-on-2 Volleyball, 1-on-1 Basketball and Kanjam

Location: Auxiliary Court, Fitness Center, Walking Track, area side of Racquetball Courts and Intramural Soccer Field

Description: 2-on-2 volleyball (best of 3-out-of-5; 1 server and 1 player), 1-on-1 basketball (30-minute activity) and Kanjam

Days of Week: Monday-Friday: Open Rec and IM Activities

Tuesday: Basketball

Thursday: Volleyball

Friday: Kanjam

Number of Participants: 1 person per basket (4 baskets)

2 per activity for basketball

4 per activity for volleyball

2 per activity for kanjam

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramural Soccer Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

13th Week - Monday-Friday, Nov. 1-6, 2020

Event: Open Rec - Basketball, Workouts, Walking; IM Activities - *Esports Gaming, 3-on-3 Soccer, 3-Point Shoot Around Basketball and **Ultimate Frisbee

Location: Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field

Description: 3-on-3 Soccer (2 goalies and 1 player), 3-Point Basketball Shoot Around and Ultimate Frisbee

Event Time: 10 a.m. to 7:30 p.m., *5 p.m. to 9 p.m., **5 p.m. to 7 p.m.

Days of Week: Monday-Friday: Open Rec and IM Activities

Tuesday: 3-on-3 Soccer

Thursday: Ultimate Frisbee

Number of Participants: 3 per activity for soccer

1 per activity for basketball

4 per activity for Ultimate Frisbee

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramural Football/Softball Field and Intramural Soccer Field to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

14th Week - Monday-Friday, Nov. 9-13, 2020

Event: Open Rec - Basketball, Ping Pong, Workouts and Walking; IM Activities - Esports Virtual Gaming, 2-on-2 Volleyball, 1-on-1 Basketball and Kanjam

Location: Auxiliary Court, Fitness Center, Walking Track, area side of Racquetball Courts and Intramural Soccer Field

Description: 2-on-2 volleyball (best of 3-out-of-5), 1-on-1 basketball (30-minute activity), and Kanjam

Event Time: 10 a.m. to 7:30 p.m., *4 p.m. to 6 p.m.

Days of Week: Monday-Wednesday: Open Rec and IM Activities

Tuesday: Basketball

Thursday: Volleyball

Friday: Kanjam

Number of Participants: 1 person per basket (4 baskets)

4 per activity for volleyball

2 per activity for ping pong

2 per activity for kanjam

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, Intramurals Soccer Field to make sure faculty, staff, and student follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.

15th Week - Monday-Wednesday, Nov. 16-18, 2020

Event: Open Rec - Basketball, Ping Pong, Workouts and Walking; IM Activities - Esports Virtual Gaming, Amazing Race and Tailgate Games

Location: Auxiliary Gym, Fitness Center, Walking Track, area outside Racquetball Courts, and AA&CC (start and end), plus various locations on campus

Description: Amazing Race - is an adventure reality game show in which teams of two people **race** around campus in competition with other teams. Clues provided in each leg lead the teams to the next destination or direct them to perform a task, either together or by a single member.

Tailgate Games - Corn hole- a game in which small bags filled with dried corn are tossed at a target consisting of an inclined wooden platform with a hole at one end, Washer Board and Horse Shoes

Event Time: 8 a.m. to 8 p.m., *4 p.m. to 7 p.m.

Days of Week: Monday-Wednesday: Open Rec and IM Activities

Tuesday: Amazing Race

Number of Participants: 5 teams of 2 players for Amazing Race

Assigned Professional Staff: Professional staff will be assigned to Auxiliary Gym, Fitness Center, Walking Track, AA&CC Courtyard (start and finish line) and various locations on campus. to make sure faculty, staff, and students follow all federal, state, local and St. Mary's guidance relating to COVID-19 protocols, which include, but are not limited to, enforcing mask wearing, social distancing, and using hand sanitizer before and after activity. Professional staff will also oversee online esports game play and assess other online challenges.